Object
Stretch your body and touch as many characters, colors, and shapes at the same time! Collect the most cards to win!

Set Up
Before you start playing, take your shoes off. Play with socks or barefoot.
1. Spread out the play mat on the floor. (Choose a play area with carpet if possible.)
2. Place the card holder near the play mat.
3. Shuffle the cards and place them in a stack face-down next to the card holder.

The youngest player goes first!
Playing a Turn

1. One player stands on the play mat. This player is the “stretcher.” All other players are the “callers.”

2. The callers draw five cards from the deck, flip them over, and fill in the empty spots in the card holder.

3. The callers then call out the body parts the stretcher should use to touch the characters, colors, or shapes on the play mat. See the example illustrated at right.

4. The stretcher scores cards by touching the correct body parts to the correct characters, colors, or shapes all at the same time!

5. Once the stretcher has stretched and touched as many of the spots as possible at the same time, their turn is over. Each card the stretcher earned is put in their own scoring pile to the side. Any cards that remain in the card holder are turned face-down and put at the bottom of the stack.

6. Now it’s the next player’s turn to be the stretcher! Keep taking turns until the card stack is empty.

Ending the Game

The game ends when all of the cards have been earned. The player who collected the most cards is the winner!